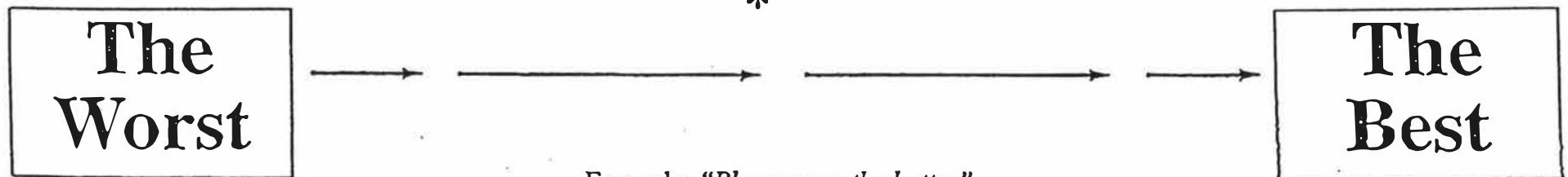


“HONORING FEELINGS”

Empathy Practice

Work Sheet

Sterling G. Ellsworth Ph D.



how would I have to feel to say that?

